

## **SUTAB Colonoscopy Prep**

**\*\*Start prep day before procedure\*\***

**\*\*You are on a clear liquid diet the entire day prior to your colonoscopy. \*\***

**NO SOLID FOODS!**

The following are okay to have throughout the day:

Water, Tea, Coffee (no dairy or creamer), apple juice, white grape juice, white cranberry juice, Vitamin waters, Jell-O (yellow or green only), broth (chicken or beef), clear soda like ginger ale, sprite or 7up.

**NOTHING RED, BLUE, ORANGE OR PURPLE IN COLOR.**

### **Instructions on taking your prep:**

\*At 12:00 NOON, fill the cup provided in the kit up to the line with water. Start taking your first bottle of pills. Take one pill at a time about a minute apart.

\*30 minutes after finishing your last pill, fill the cup up to the line with water and drink. 30 minutes after drinking that cup of water, refill the cup and repeat.

\*5:00 repeat the above steps with your second bottle of pills.

\*Remain on clear liquid diet the remainder of the day. Nothing to eat or drink after Midnight.

\*Please remember to drink plenty of water through out the day to keep from getting dehydrated.

**\*\* REMEMBER TO FOLLOW THESE INSTRUCTIONS AND TO REMAIN ON CLEAR LIQUIDS THE ENTIRE DAY PRIOR TO YOUR EXAM. EATING SOLID FOODS COULD RESULT IN STOOL REMAINING IN YOUR COLON EVEN AFTER THE PREP. IF THERE IS STILL STOOL IN YOUR COLON, YOUR EXAM MAY NEED TO BE CANCELED OR REPEATED SOONER THAN IT WOULD HAVE BEEN IF THE PREP WERE COMPLETE. \*\***